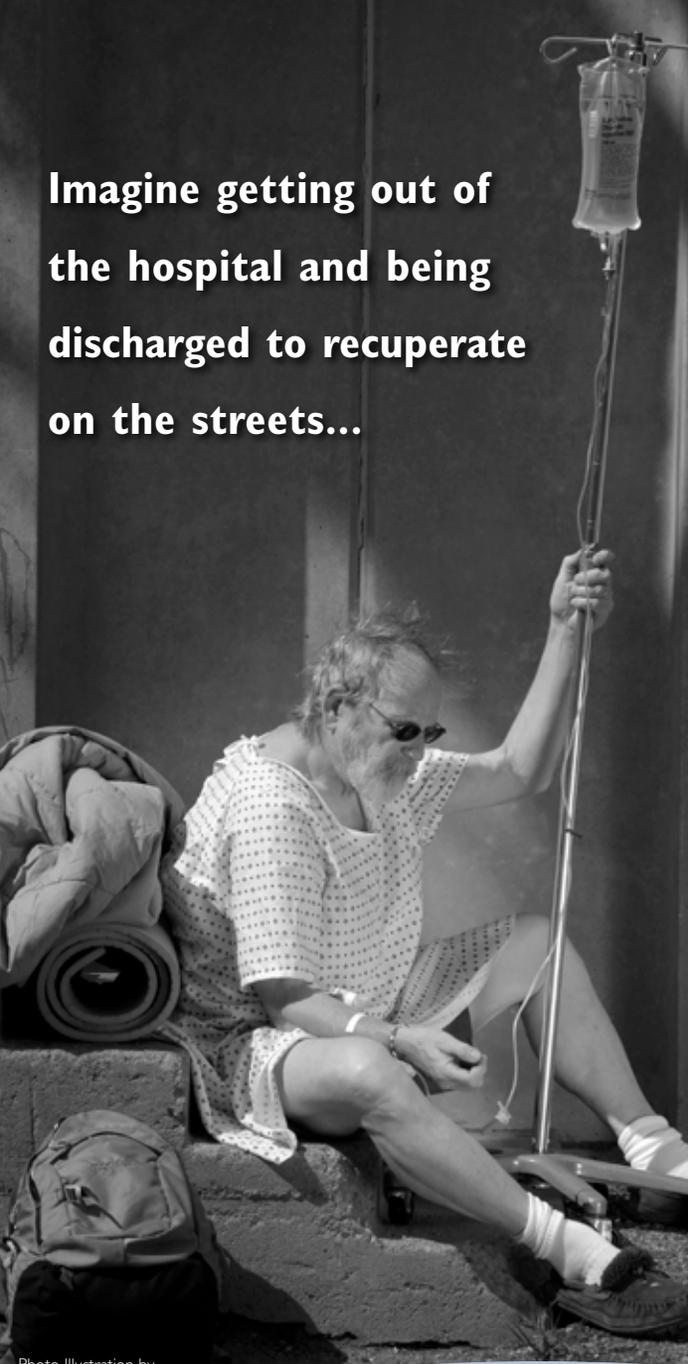


**Imagine getting out of  
the hospital and being  
discharged to recuperate  
on the streets...**



Ascending to Health is a 501 (c)3 nonprofit founded in 2012 by Greg Morris a Certified Physician Assistant who saw a gap in medical respite services in our community. He set up the program using evidence-based protocols established by the National Health Care for the Homeless Council, which found among other things, that respite care improves quality of life for homeless patients and prevents unnecessary, costly hospitalizations.



## **Ascending to Health** Respite Care

 Administrative Office  
723 North Weber Street, Ste. 202  
Colorado Springs, CO 80903  
719-635-7639

 Recuperative Care  
1902 E. Boulder Street  
Colorado Springs, CO 80909  
719-633-2800

 [info@athrc.com](mailto:info@athrc.com)

 [ascendingtohealthrespitecare.org](http://ascendingtohealthrespitecare.org)



## **Ascending to Health** Respite Care

*Helping to break  
the cycle of homelessness  
through quality healthcare,  
sheltering and case  
management.*

**...chances are you'd be back in  
the emergency room before long.**

**Ascending to Health** is the only organization in the Pikes Peak region that gives homeless individuals a safe place, a bed and supportive services to recuperate from a hospital stay. Respite care assures that clients will get their medications and be able to follow discharge instructions, reducing the likelihood that they'll need to return to the emergency department or be readmitted to the hospital.

Medical respite programs like Ascending to Health are designed according to National Health Care for the Homeless Council standards and address shelter, clinical care, wraparound services, care coordination and safe transitions back into the community. There are about 80 programs similar in scope across the country.

## We need your help!

**Make a Donation or Get Involved at**  
[ascendingtohealthrespitecare.org](http://ascendingtohealthrespitecare.org)

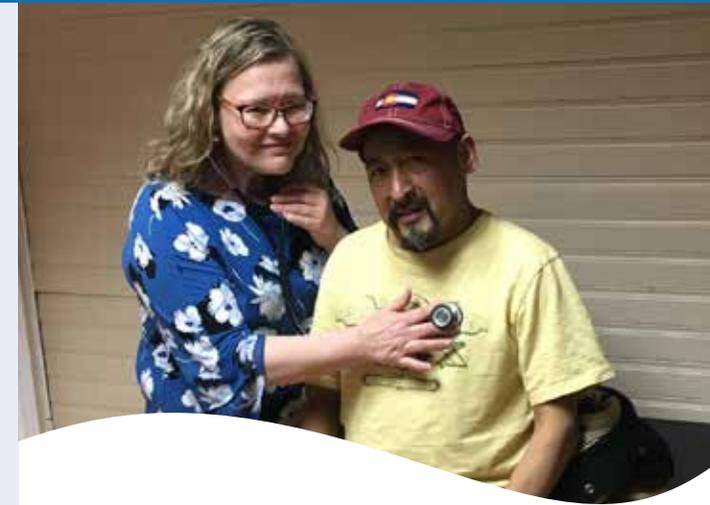
A recent National Health Care for the Homeless study found that 75 percent of homeless patients return to the emergency department within two weeks of being discharged from the hospital if a respite care facility is not available. Ascending to Health is the only organization filling this void in Colorado Springs.

“

If it were not for the (Ascending to Health) program I definitely would be deceased. I had given up hope. But when I came here, I felt that they cared, and having someone care about you makes such a difference.

– Marilyn

”



### Our Accomplishments:

- We typically connect 90% of our clients to a Primary Care Provider during their recuperation with us.
- Medicaid statistics show a 52% decrease in clients accessing the ED when they have been admitted into the Ascending to Health program.
- We typically have placed 40% of our clients in permanent supportive housing, assisted living or a nursing facility.
- We have helped over 45% of our clients enroll in Social Security, Medicare, Medicaid or other benefits who were eligible but not receiving them.

